

## Timetable week beginning 28<sup>th</sup> September 2020

	9.00 - 9.30	9.30 - 10.30	10.30 - 11.00	11.00 - 12.00	12.00 - 1.00	1.00 - 1.30	1.30 - 2.30	2.00 - 3.00
Monday - Friday	<b>Exercise</b> See the options below under 'exercise'	<b>Phonics</b> See further guidance below under 'Phonics'	Break & Snack time	<b>Play</b> See ideas below under 'play'	<b>Lunch</b>	<b>Maths</b> See further guidance below under 'Maths'	<b>Play</b> Play in the garden / free play	<b>Music and Numberblocks session</b> (see further guidance below)  Story

### Exercise

- Andy's Wild Workout  
<https://www.bbc.co.uk/iplayer/episode/p06tmn51/andys-wild-workouts-series-1-1-under-the-sea>
- Cosmic Yoga - Squish the Fish  
<https://www.youtube.com/watch?v=LhYtcadR9nw>
- Deep Sea Core Strength  
<https://www.youtube.com/watch?v=pi6Sg4dKgZ0>

## Maths

Below is a link to 4 'lessons' using short videos for the children to watch and activities to join in with:

<https://classroom.thenational.academy/units/early-mathematical-experiences-205e>

Lesson 1 = Sorting a collection of objects based upon one attribute

Lesson 2 = Sorting a collection of objects in different ways

Lesson 3 = Sorting concrete objects to form sets

Lesson 4 = Sorting pictures to form a set

## Numberblocks session

Watch the clip [here](#) and use the attached PowerPoint to recognise 1. Identify the quantity 1, recognise a 1p coin, find one on the clock, introduce a circle with one side, look at formation card with mantra for number one (attached)

## Phonics

This week's sounds are: i,n,p,g,o

Watch RWinc. videos to introduce the new sounds -see Tapestry for up-to date links.

Write the sound whilst saying the mantra - see booklet from school. You could extend this by asking your child to 'write' the sounds in shaving foam or paint.

Use the letter cards from school to help your child to read words.

Use resources on Oxford Owl or Epic to access online activities and books. Please see Tapestry for Login information.

**\*\*Please use Tapestry to send us a comment, photograph or a video as a record of what you have done in phonics this week.\*\***

## Music

Please use the attached PowerPoint and links for the following music resources.

**Whole School Singing Focus** - this is a song that the whole school learns over one or two weeks. At the moment, due to Covid restrictions in school we are listening to the song. We can whisper or mouth the lyrics together or tap/clap/stamp in time to the music, while internalising the words. At home you can sing!

**Whole School Genre of the Week** - Follow the links for examples of music displaying features and instruments associated with a genre of music. There is some information for adults who may be able to point some of these features out to the children. Please tell your child the type of music that it is. Feel free to have it on in the background during the day, alternatively, your child might like to sit quietly and focus on the music - or dance along!

**Reception Music** - this term we focus on naming and listening to instruments, nursery rhymes and songs linked to the sound or sounds being learned that day in phonics. Please follow the links. When listening to the songs, point out the sound that is the day's focus and point to a card showing what that sound looks like when written down.

## Play

We have left lots of time on the timetable for 'play' as this is what your child would have been doing inside or outside at Reception if they had been at school. We know that young children need a balanced range of opportunities whilst in Reception; some 'adult-led' activities such as phonics and maths, but they also need lots of opportunities to learn through play:

### **Learning through play**

Play is one of the main ways in which children learn and develop. It helps to build self-worth by giving a child a sense of his or her own abilities and to feel good about themselves. Because it's fun, children often become very absorbed in what they are doing.

Play is very important to a child's development, it is an integral part of a child's Early Years Foundation Stage and supports their learning journey too. Young children can develop many skills through the power of play. They may develop their language skills, emotions, creativity and social skills. Play helps to nurture imagination and give a child a sense of adventure. Through this, they can learn essential skills such as problem solving, working with others, sharing and much more.

In turn, this helps them develop the ability to concentrate. Providing children with a range of playthings will help them learn in a number of ways:

- Sand and water play can be an early introduction to science and maths, eg learning that water is fluid, not solid, and that it can be measured in different sized containers.
- Playing with dough or clay, drawing and painting pictures, dressing up, playing with dolls can encourage creativity, imagination and expression of feelings.
- Building blocks, jigsaws and shape sorters can help with recognising different shapes and sizes, putting things in order and developing logic.
- Playing ball games, dancing, running, climbing all help to develop body movement, strength, flexibility and co-ordination skills.
- Games help with turn taking, sharing and mixing with others.
- Singing, playing simple music instruments help to develop rhythm, listening and hearing.